



ESTABLISHING HEALTHY SCHOOL TEAMS

Schools across Florida continue taking positive steps towards creating healthier school environments. Recently, the United States Department of Agriculture (USDA) published Smart Snacks in School nutrition standards to ensure that students are only offered nutritious foods and beverages during the school day. USDA also proposed expanding Local School Wellness

Policies to include Smart Snacks in School nutrition standards and bring in additional stakeholders. Healthy School Teams will support the healthy advancements already being made within schools.

The **Healthy School Teams** will be involved in ensuring the successful execution of the USDA proposed rule on Local School Wellness Policy Implementation under the Healthy, Hunger-Free Kids Act of 2010. The final rule is expected to be announced by the summer of 2015.

Responsibilities of the Healthy School Team:

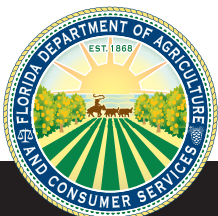
- Ensuring compliance with the USDA's Smart Snacks in School nutrition standards and Florida's competitive food rule;*
- Maintaining a school calendar identifying the dates when exempted competitive food fundraisers will occur; and
- Reporting its school's compliance with the rule to the person(s) overseeing the Local School Wellness Policy.

*The Florida Department of Agriculture and Consumer Services (FDACS) published rule 5P-1.003 to further support the efforts of school food service staff, school administrators, teachers, parents and the school community. Florida rule 5P-1.003 requires each district school board to establish a Healthy School Team for all schools under its jurisdiction by June 30, 2015. Visit FDACS' Smart Snacks resource page at FreshforFloridaKids.com for more information.

A **Healthy School Team** should include, but is not limited to, the following stakeholders:

- Parents
- Students
- School food service program representatives
- School administrators
- School health professionals
- Physical education teachers
- The public

For a summary of USDA's proposed Local School Wellness Policy rule visit: <http://www.fns.usda.gov/sites/default/files/LWPPproprulesummary.pdf>



FUNDRAISING ACTIVITIES – New Rules

Effective with the 2015-2016 school year, competitive food and beverage items sold to students during the school day **must** meet the nutrition standards for competitive food as defined and required in 7 CFR 210.11.

A fundraising activity should first be identified as either food or non-food sales and indicated on the **revised** Fund Raising Activity (FRA) Application/Recap form by checking the appropriate box. As always, all fundraising activities require a properly completed FRA form to be available for audit.

Non-food sales

No changes.

Food sales/consumed off site or after traditional school hours

No changes. The new rules do not apply during non-school hours, on weekends, and at off campus fundraising events. Examples include cookie dough, meat pies, and concession items.

Food sales/consumed during school hours

Any food items sold on campus shall comply with District Policy 8550 regarding competitive sales.

In addition, there are some new requirements.

- ◆ Elementary:
 - No Changes. Only the Food and Nutrition Services department shall sell food and beverages to students in elementary schools during regular school hours.
- ◆ Secondary Schools:
 - Sale of food items cannot occur during the school day (the period from the midnight before, to 30 minutes after the end of the official school day) unless they meet the Smart Snack nutrition standards. This does not apply to vending machines or snack bars if only selling Smart Snacks. (Note: Permanent and “rolling” snack bars must have documented approval from the Director of Food and Nutrition.)
 - Combination fundraiser sales are prohibited (ex. chicken and biscuit, pizza, etc.) per Florida Administrative Code 5P-1.003 (Responsibilities for the School Food Service Program).
 - Determine whether the food item qualifies as a “Smart Snack” item or will the FRA take place on one of the school’s “exemption” days.

Smart Snack Item

- ◆ FRA Application/Recap **must** include a printed copy of the [Smart Snack calculator](#) results that shows the food sold qualifies as a Smart Snack.
- ◆ FRA Application/Recap **must** include a printed copy of the nutrition label of the food sold (if it’s not a fruit or vegetable).
- ◆ FRA Sponsor **must** attach both items described above to the FRA Application/Recap.
- ◆ There are no limits for the school year on the number of FRA events selling Smart Snacks.

Exemption Food Sale Item – “junk food”

- ◆ Exemption Days are days in the school year where FRAs take place that sell food items that do **not** meet the Smart Snack standards. Note: This is # of days, not # of fundraisers – a school can have multiple fundraisers on same day.
- ◆ The total number of a school’s exemption days in a school year **cannot** exceed the maximum number of school days allowed as described below:
Total number of days allowed per school year:
 - ◆ Middle Schools – 10 days
 - ◆ High Schools – 15 days
- ◆ **Schools must** maintain records documenting the occurrence of any exempted events.

Calendars

- ◆ Schools **must** have an annual calendar of fundraisers and indicate “Exemption” days
- ◆ Does not need to be a separate calendar, but must be accessible on school website