Student Wellness Conference Call: Healthy School Teams (HST) Pasco County Schools

Common Questions & Answers: Healthy School Teams

# Are we required to form the HST?

* 1. Yes, per the Florida Department of Agriculture and Consumer services published rule 5P- 1.003

# Can we combine the Healthy School Team responsibilities with our SAC Meetings?

* 1. Yes, it is encouraged. Schools must still have the 5 minimum stakeholders represented and include the HST in the SAC meeting minutes, sign-in sheets, and agendas.

# If we combine our HST with our SAC meetings, do we still have to email the team members and leader names?

* 1. Yes.

# Who do I email the HST leader/members and self-assessment to?

* 1. [studentwellness@pasco.k12.fl.us](mailto:studentwellness@pasco.k12.fl.us)

# Who is eligible to be the HST leader?

* 1. The leader will be defaulted to the school administrator if not communicated to the District Student Wellness Policy Council. However, an ideal leader would be a school based member and is not limited to the administrator i.e. bookkeeper, clinic assistance, PTA, etc. The HST Leader’s *contact info* must be submitted to [studentwellness@pasco.k12.fl.us](mailto:studentwellness@pasco.k12.fl.us)

# Can our “Wellness Champion” be on the HST?

* 1. Yes, in fact, this person may even be a good candidate as the HST Leader.